



Dare to Flash A 'Stache

IN SUPPORT OF
A L'APPUI DE



**Grow
or show
a moustache to
raise awareness
about prostate cancer
in November**

Register online or learn more at:

daretoflashastache.ca

Start-up Party

at Cup of Jo's, Winchester

Thursday, Nov. 1 at 7:00 pm

Refreshments can be purchased – Music Trivia Night

Wind-up Celebration

Recognize the top individual & group fund raisers

at FOODLAND, Winchester

Saturday, Dec. 1 at 10:00 am

Music, prizes, food and refreshments

EVERYONE WELCOME ~ Donations at the door

All funds stay local to support cancer related programs

50% to WDMH Foundation to support the Cancer Care Navigator Program

50% to Ottawa Hospital Foundation to support Prostate Cancer Research.

Every dollar donated to The Ottawa Hospital Foundation will be matched by \$10 more!

For further information contact **613-774-3431** or **613-774-3565**