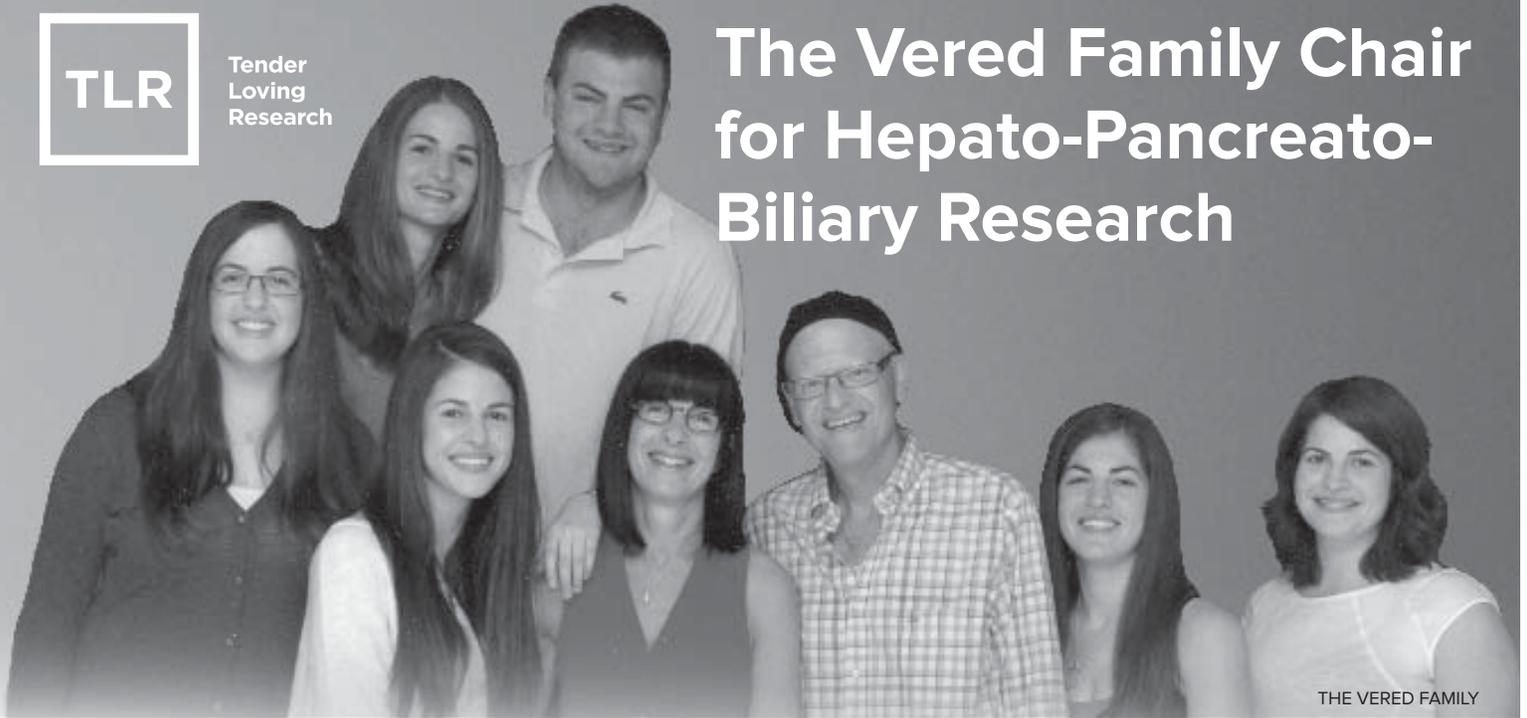




Tender Loving Research

# The Vered Family Chair for Hepato-Pancreato-Biliary Research



THE VERED FAMILY

The world turns to The Ottawa Hospital for answers to its most complex healthcare challenges.

Research breakthroughs at The Ottawa Hospital mean better care and life-saving medicine. Everyday we look beyond the laboratory and see the results of what we do – lives saved, better care, suffering stopped. We relentlessly pursue answers to the world’s most challenging health care problems and we do so with knowledge, experience and care. Our research is fuelled by a passion to create made-in-Ottawa solutions for a healthier world.

Join our campaign and let’s give the world a little Tender Loving Research.

## Hepato-Pancreato-Biliary at a Glance

Hepato-pancreato-biliary (HPB) diseases affect the liver, pancreas and biliary tract. This branch of medicine is referred to as hepatology. The main diseases that HPB surgeons manage are cancers of the pancreas and bile duct, as well as primary and metastatic cancer to the liver. Of all the cancers that affect humans, these are amongst the most difficult to cure; despite large, complex operations and follow up treatment with chemotherapy and radiotherapy, many of these cancers will recur after treatment.

## Hepato-Pancreato-Biliary at The Ottawa Hospital

There are only nine HPB centres in Ontario. The Ottawa Hospital has one of those centres and provides care for the entire Eastern Ontario region. We have a robust HPB program that was established seven years ago. It includes a group of four surgeons, administrative personnel, a nursing group, a fellowship training program, as well as a resident in training program. This team works together in a fully integrated way to provide care to patients with predominantly malignant diseases of the liver, pancreas, and biliary system.

### CANCER

PANCREATIC

- 4,700** Canadians will be diagnosed with pancreatic cancer.
- 4,400** Canadians will die from pancreatic cancer.
- 4<sup>TH</sup>** Fourth leading cause of cancer-related death.
- 5%** Only five percent of patients survive five years after diagnosis.

### CANCER

LIVER

- 33,190** Canadians will be diagnosed with liver cancer.
- 23,000** Canadians will die from liver cancer.
- 15%** Fifteen percent of patients survive five years after diagnosis.



MADE -IN-OTTAWA RESEARCH FOR A HEALTHIER WORLD

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## Arnie Vered's Story



LIZ AND ARNIE VERED

Arnie Vered was diagnosed with pancreatic cancer after a mass was discovered on his pancreas in March 2013. He saw Dr. Richard Mimeault at The Ottawa Hospital, where he learned that his cancer was sufficiently advanced that a simple surgery was not possible. The complexity of his tumour and the structures it touched required a combination of chemotherapy and surgery that was not yet available at the Hospital.

Dr. Mimeault explained that standard chemotherapy would not predictably shrink the tumour, but that new, investigational chemotherapy might. Arnie saw a hepato-pancreato-biliary specialist in

Montreal. There, he had four rounds of investigational chemotherapy treatment to shrink the tumour before the surgeon could operate. On July 30, 2013, Arnie underwent a seven-hour Whipple procedure surgery, followed by a five-month follow-up in Montreal.

The whole ordeal was made extra difficult because of the required travel back and forth to Montreal, taking him away from his six children, extended family and friends. Being away from this powerful support group was very hard. It was a great comfort to Arnie when, in January 2014, he was able to continue treatments at The Ottawa Hospital's Irving Greenberg Family Cancer Centre, located at the Queensway Carleton Hospital. Arnie felt there should be no reason why the kind of treatment he needed shouldn't be offered in Ottawa. He wanted to help make it possible for people to be treated closer to home, and so he lent his support to establish a research chair.

Arnie passed away in July 2014, but his legacy in support of a research chair will help make this wish possible.

## A Chair in Hepato-Pancreato-Biliary Research

An HPB endowed research chair at The Ottawa Hospital would focus on hepato-pancreato-biliary issues, conducting research, coordinating, and leading clinical trials, which would include multi-centre, national and international trials for these diseases.

Researchers at The Ottawa Hospital are already making internationally recognized contributions in the field of cancer research. The creation of a chair in HPB surgery will facilitate the recruitment of a world class HPB surgeon with a focus on turning research into new treatments for cancer. The creation of a strong research presence in hepato-biliary and pancreatic cancer will result in better access to cutting-edge therapies and trials for patients in Eastern Ontario.

Our vision is to provide the latest knowledge and the highest standard of treatment and care for HPB patients. For patients who live locally, the ramifications of having a research chair means not having to go anywhere else.

## How you can help

The Ottawa Hospital Foundation is raising a **\$3 million** endowment for the Vered Family Chair for Hepato-Pancreato-Biliary Research. A fundraising campaign is now in place to continue to work toward the vision of world-class care for everyone in our community.

For more information or to offer your support, please contact Tim Kluge, President and CEO of The Ottawa Hospital Foundation, at 613-798-5555, ext. 12760, by email to [tkluge@toh.on.ca](mailto:tkluge@toh.on.ca), or visit [www.ohfoundation.ca](http://www.ohfoundation.ca).

[www.tenderlovingresearch.ca](http://www.tenderlovingresearch.ca)

"Research is very important to inform what we need to know related to HPB diseases. While we provide really good clinical care, we definitely have room to grow in terms of our participation in research and the ability to keep up with what is happening nationally and internationally in the field."

Dr. Fady Balaa, Head,  
Division Of Surgery



"If you look at most cancers, such as breast, colon, prostate, you have a 50 percent recovery rate or chance of being cured. With most foregut cancers, such as pancreas, there is a five to 10 percent cure rate. They are awful cancers. There has not been a lot of progress made in improving those numbers with surgery. We're starting to see some inroads with new combinations of chemotherapy, but not much. So there is a big need for research; for a body of clinical research to investigate into the care and treatment of this disease."

Dr. Richard Mimeault,  
Surgeon



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