



The Ottawa Hospital
Foundation | La Fondation
de l'Hôpital
d'Ottawa

Life Support

SUMMER/FALL 2011

Building a Better Hospital



*Inspirational stories,
donor news and
research
breakthroughs*

Your Support for Our Hospital Is Inspiring

It is my pleasure and honour to join The Ottawa Hospital Foundation as President and CEO. Since joining the Foundation this summer, I have begun to better understand this organization. What became evident quickly is the extraordinary commitment of our donors and their support for The Ottawa Hospital and the Ottawa Hospital Research Institute. What you have helped accomplish over the past decade is truly inspiring.

Every one of you has a personal reason for choosing to support an area of this great facility. You may have been a patient at the Hospital or a loved one may have been cared for here. Or you may recognize the importance of the extraordinary research that is taking place at the Research Institute, research that is transforming care. Whatever your reason, thank you for making The Ottawa Hospital Foundation your charity of choice in this community.

My goal is to continue the legacy of trust established at the Foundation. I am humbled to be in a position to

connect you, our generous community, with the Hospital and Research Institute—your support is vital to their success and the continued health of our community. The Foundation's mission is to inspire, enable and recognize community support. Above all else, I want you to feel good about your gift and know that you are helping make a difference each and every day.

Over the next days, weeks and months, I look forward to meeting you and hearing the stories that illustrate why you have chosen to partner with the Foundation to build a better Hospital for everyone in our community.

In the meantime, thank you for your ongoing commitment and leadership.

Tim Kluge, CFRE
President and CEO

The Ottawa Hospital Foundation



New Cancer Research Centre Welcomes Donors

Behind the doors of the Centre for Innovative Cancer Research you'll find scientists busily investigating cancer cells, oncolytic viruses and new drug therapies. Some of our donors recently toured the Centre and were treated to hands-on demonstrations.

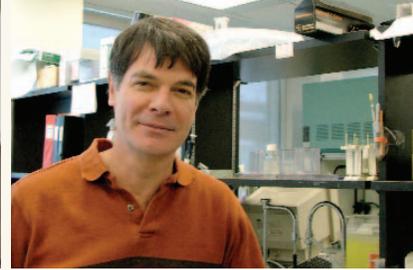
"It was a special opportunity to see first-hand some of the leading cancer research being done at the Centre because research is a key to finding a cure," says donor Brenda Sangster, who attended the event with Shelly Gosse.

The Centre officially opened in June 2011 and provides researchers with combined lab, manufacturing and trial space. Housing all this at The Ottawa Hospital facilitates faster feedback, retooling and testing of new treatments on patients and is cutting the time between lab discoveries and patient trials in half.

Researchers are working on a number of exciting projects, including developing personalized cancer therapies and increasing the number of clinical trials for cancer patients.



Researchers at the Centre for Innovative Cancer Research demonstrate techniques to donors, including Shelly Gosse and Brenda Sangster (above, from left).



Inspiration by Example

Irwin Waldman is one of our heroes who fly on two wheels. Irwin has been a cyclist for more than 50 years. This avid rider will continue to pursue his favourite hobby this September and raise money for cancer research at The Ottawa Hospital through the Ride the Rideau event on September 10.

Last year marked the launch of this road-cycling adventure, during which cyclists rode 100 km from Lansdowne Park in Ottawa to Merrickville-Wolford. More than 325 cyclists participated last year, and, at 82, Irwin was our most mature rider.



“I’m riding again to raise money for the Hospital...and it’ll be a great ride.”

– Irwin Waldman

Irwin Waldman at the 2010 Ride the Rideau

“I never had such a great time in my life,” says Irwin. “The day was beautiful. We had a wonderful group of riders for Ride the Rideau. They gave wings to my wheels.”

Irwin is set to participate in this year’s Ride the Rideau, but he also wants to rally seniors. He is launching a call to action to seniors in the community to support the work of the Hospital either by riding with him or by making a donation to benefit cancer research. Irwin has battled bladder cancer over the last 30 years, so he knows a thing or two about the work of the Hospital.

“I suspect the Department of Urology is a microcosm of what The Ottawa Hospital is: kind, understanding, considerate, sharing, listening,” says Irwin, a husband of 60 years, father of three and grandfather of five. “What an outfit! This is a neat hospital, and it’s worth doing a little bit in return.”

For more information about Ride the Rideau or to support Irwin and his ride, please call The Ottawa Hospital Foundation at 613-761-4295 or visit www.ridetherideau.ca.

Upcoming Events

September 10, 2011

Ride the Rideau

Join us to Bike the Good Fight. Ride the Rideau is a 100-km bike tour in support of cancer research at The Ottawa Hospital. [To register, donate or volunteer, visit www.RidetheRideau.ca.](http://www.RidetheRideau.ca)

October 23, 2011

Rattle Me Bones

This event features a 10K, 5K and 1K event to raise funds to support improvements at The Ottawa Hospital as well as patient care and arthritis and orthopedic research. [Sign up today at www.ohfoundation.ca](http://www.ohfoundation.ca) and get set for the run of your life!



Participants in the 2010 Rattle Me Bones raised more than \$65,000 for patient care and arthritis and orthopedic research at The Ottawa Hospital.

November 5, 2011

The Ottawa Hospital Gala

The Westin Ottawa
Enjoy one of Ottawa’s must-attend black-tie events of the year to salute the groundbreaking work being performed at the Ottawa Hospital Research Institute and raise funds in support of research at The Ottawa Hospital. [For tickets and information, contact Laura Catana at 613-798-5555, ext. 13327, or lcatana@toh.on.ca.](mailto:lcatana@toh.on.ca)



Research Update **Robotic Surgery Will Improve Care and Research**

“Through research, we plan to push the limits of what is currently possible to improve patient care.”

— Dr. Rodney Breau, Associate Scientist,
Ottawa Hospital Research Institute

The one common hope among all surgery patients is for a painless experience, quick recovery and smooth return to their normal way of life. To help make this hope a reality for some, surgeons are turning to robotic-assisted surgery.

Robotic-assisted surgery contributes to a better outcome for patients by facilitating less trauma on the body, minimal scarring and faster recovery time. A robotic system, such as the da Vinci robotic surgery system, achieves all this by providing a computer interface between the surgeon and the patient.

“This interface provides an opportunity to see and do things during surgery that are not possible with the limitations of human senses and dexterity,” says Dr. Rodney Breau, a surgical oncologist in the Division of Urology at The Ottawa Hospital and Associate Scientist at the Ottawa Hospital Research Institute. “Through research, we plan to push the limits of what is currently possible to improve patient care.”

Benefits of robotic surgery

The da Vinci surgical system enables surgeons to perform delicate and complex operations through a few tiny incisions with increased vision, precision, dexterity and control. During a surgical procedure, the surgeon sits at a console in the operating room. The da Vinci’s four robotic arms—three holding miniaturized surgical instruments and one holding a high-definition 3D camera—translates the surgeon’s hand movements at the console into precise micro-movements of the surgical instruments.

“Adopting new technology and disseminating new skills is a priority once we have the da Vinci at The Ottawa Hospital,” says Dr. Breau. “This encompasses how the robotic program will be started, how new surgeons will be brought on board and how patient outcomes are tracked. At the moment, these outcomes are not well documented and should be an immediate focus for research. We want to identify when things are done well as well as areas for improvement.”



Dr. Breau addresses an information session about the da Vinci surgical system.
PHOTO CREDIT: JEAN LEVAC/THE OTTAWA CITIZEN

da Vinci by numbers

Late 1980s – The initial prototype of the da Vinci is designed to provide emergency operative care to wounded soldiers in the battlefield.

2001 – Health Canada approves the use of the da Vinci.

2003 – Hôpital du Sacré-Coeur de Montréal is the first hospital in Canada to acquire the da Vinci surgical system.

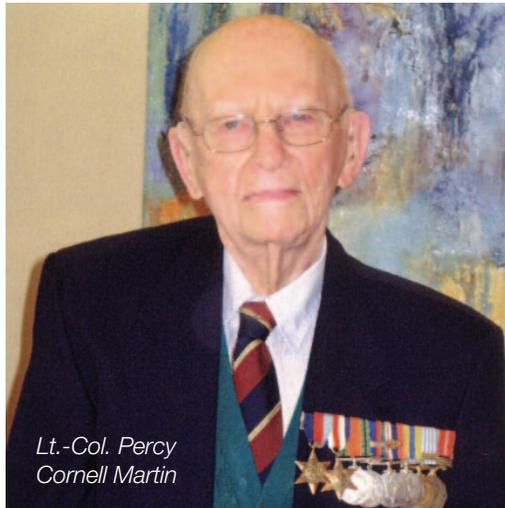
2004 – Cardiac surgeons at the University of Western Ontario are the first in Canada to use the da Vinci to complete a single coronary artery bypass graft.

April 2011 – A fundraising campaign to bring the da Vinci to The Ottawa Hospital is launched.



His Spirit of Generosity Lives On

Lt.-Col. Percy Cornell Martin



Lt.-Col. Percy Cornell Martin

Lt.-Col. Percy Cornell Martin was a true Renaissance man. His many loves included poetry, gardening, history and golf. Percy died in October 2009, and on that very day Percy was practising his golf swing and planning his 100th birthday party.

But Percy's true love was his wife, Gertrude. The two married when Gertrude left her high-ranking career with the public service in the late 1950s. Together they travelled the world through Percy's work with the military, United Nations and Canadian government.

At 75, Gertrude developed macular degeneration, but that didn't slow either of them down, says Dr. Janna Fox, a lifelong friend and longtime neighbour in Kingsmere, Que., where Chemin de Colonel Martin was named in memory of Percy.

"He was a remarkable man and so appreciative of the consideration, care and kindness the folks at the Eye Institute showed to Gertrude," says Janna, the executor of Percy's Estate.

Gertrude died three years before Percy. To show his gratitude for the generosity of spirit that was extended to Gertrude when she was going through this difficult time, Percy included a bequest in his Will to The Ottawa Hospital. By leaving a gift to The Ottawa Hospital, his appreciation will continue to support health care and research for the community.

Planned Giving

A charitable gift in your Will can offset income taxes payable by your Estate. This means you can leave a gift to a charity while at the same time providing for your family.

If you are considering a planned gift to the Foundation, we encourage you to consult your own financial and legal advisors to ensure your gift is tailored to your personal circumstances and maximizes any available tax advantages.

For more information about including a gift to the Foundation in your Will, please contact Sue McIntosh, Planned Giving Officer, at 613-761-4295.



Watch Dr. Kitts, President and CEO of The Ottawa Hospital, outline his vision for The Ottawa Hospital:



<http://www.worldclasscare.ca/en>

We Support



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