Annual Report 2018-2019

The Ottawa Hospital FOUNDATION
Not long after the Rose Ages Breast Health Centre opened, six 11-year-old children arrived with a sandwich bag of money they wanted to donate to breast cancer research.

These young fundraisers had been inspired to make a difference by a neighbourhood mom’s journey with breast cancer. What they didn’t realize is that they would be making a difference for their grown-up selves. At some point in their future, these generous young people will most likely need the care of The Ottawa Hospital.

This is a hospital for future generations. The idea of paying it forward is what inspired the Downey and Jones families to make generous gifts to kidney research—to improve care for their grandchildren. As well, Annie Grenon’s gift in her Will to the hospital will pave the way for the exceptional care her granddaughter might need when she becomes an adult.
Exceptional care is something The Ottawa Hospital provides to all patients in our region. But our reach also extends beyond, to people like Joellie Qaunaq (on our cover), who come to the cancer centre because The Ottawa Hospital is the sole provider of care to patients from eastern Nunavut.

Your generous support helps us open new centres of health-care excellence, boosts research, and leads to innovative treatments developed right here in Ottawa that will heal patients in our region, and elsewhere in Canada and around the world.

Gratefully,

Tim Kluke
President and CEO, The Ottawa Hospital Foundation

I have seen incredible change in health care in the 17 years that I’ve been CEO—improvements in treatment that have undoubtedly saved more lives. With your help, we have invested in innovative research, making world-first discoveries in our labs, testing them in clinical trials and, in many cases, changing medical practice around the world.

It is donors like you whose unwavering support has allowed us to provide the very best technology and treatment—the very best care—to patients who come from across eastern Ontario, western Quebec, Nunavut, and in some cases from coast to coast because we are the only hospital who can provide them with the care they so desperately need.

On behalf of the thousands of patients and families who need The Ottawa Hospital—now and in the future—I thank you.

Dr. Jack Kitts
President and CEO, The Ottawa Hospital

Community support allows us to conduct world-class research at The Ottawa Hospital and provide the best possible care for our patients.

We’re also performing a number of world-leading clinical trials and treatments using stem cells, genes, and viruses. These innovative therapies have the potential to redesign the future of medicine.

Our success is also evident in our research publications and grants. In the last three years, we’ve had a 50 percent increase in highly influential research papers. And we now rank third out of more than 600 hospitals for funding from the Canadian Institutes of Health Research.

You have made this possible. Thank you!

Dr. Duncan Stewart
Executive Vice-President, Research
The Ottawa Hospital
Thousands of patients in Ottawa, and beyond, are receiving the latest treatment options. Powered by state-of-the-art technology and backed up by the very best medical expertise, your generous support allowed us to build three impressive new health centres at The Ottawa Hospital. Your generosity has improved care and changed patients’ lives.

**ROSE AGES BREAST HEALTH CENTRE**
When the doors opened at the Rose Ages Breast Health Centre in September, it marked the wonderful close of an ambitious $14 million fundraising campaign. Thanks to our community’s outstanding generosity, the new centre houses an impressive suite of advanced technology, enabling less invasive and more accurate diagnoses and treatments. The new centre’s inviting space will enhance wellness and connection to family and friends with open, naturally lit areas and private, gowned waiting rooms. This new, larger centre at the General Campus is now ready to provide the best treatment and care to the thousands of patients in our region who need it most—thanks to you.
CHARLIE AND CLAUDETTE LOGUE DERMATOLOGY CENTRE
There is no example more concrete about how community support can advance health care than the building of the Charlie and Claudette Logue Dermatology Centre. Local businessman Charlie Logue saw the need for a dermatology centre that would provide faster assessments, shorter wait times, and increased access to dermatology services. After he passed away in August 2013, Charlie’s friends and colleagues in the Ottawa business community, along with his own children, fundraised $3.7 million for a new dermatology centre. This bright, new, state-of-the-art centre opened in April to provide the latest dermatology treatments now and for future generations.

▲ The Logue children, Kevin, Shaun, Christine, Cathy, and Elizabeth, at the opening of the Dermatology Centre.

NEUROMUSCULAR CENTRE
In 2016, Dr. Jodi Warman Chardon and senior scientist Dr. Robin Parks dreamt of building a centre where neuromuscular experts—clinicians and basic scientists—could collaborate to develop treatments for neuromuscular diseases. More than 10,000 people in eastern Ontario are affected by neuromuscular diseases, which weaken the muscles. These patients had no options to participate in clinical trials in Ottawa, so Drs. Warman Chardon and Parks decided to change that. Thanks to generous donor support, their dream became reality when The Ottawa Hospital NeuroMuscular Centre—the largest in Canada—opened its doors to patients in May.

No donation too small, no fundraiser too young
“I know it’s a hospital, but this is beautiful!” said 11-year-old Parker when the elevator doors opened into the Rose Ages Breast Health Centre.

Parker and five friends arrived on October 24 with a plastic sandwich bag containing their donation of $247.95 in coins for breast cancer research. They worked hard to raise the money: raking leaves, cutting grass, selling lemonade, and shoveling snow.

The generosity of these six children is a shining example that no donation is too small and no fundraiser too young.

► Six 11-year-old fundraisers (left to right): Isla, Lucy, Alice, Parker, Jackie, and Tess
Declan turned four in February. It was extraordinary that his mother was alive to watch him blow out the candles on his birthday cake.

When Jillian was 18 weeks pregnant with Declan, she was diagnosed with metastatic breast cancer. She had a three-year-old daughter and a one-year-old son at home. It was a devastating diagnosis, but Jillian met it head on with optimism and determination.

Without treatment, she was told she wouldn’t survive to give birth. However, her oncologist Dr. Mark Clemons prescribed a chemotherapy cocktail to keep her cancer at bay without harming her unborn child. Dr. Clemons, who came to The Ottawa Hospital from Princess Margaret Cancer Centre, is leading clinical trials for breast cancer that are changing the treatment of breast cancer around the world. Jillian had a mastectomy and a dozen chemo treatments tailored to her special case. On February 1, 2015, she gave birth to a healthy baby Declan.
The 35-year-old laughs and chats so easily about her journey with cancer that it takes a second to realize how extraordinary it has been.

“I got a pretty gruesome, doom and gloom diagnosis, but I continue to pull life off,” said Jillian.

After Declan was born, Jillian’s scans showed the cancer had spread, metastasizing to her bones, liver, and lymphatic system. She was given less than two years. Jillian began participating in cancer clinical trials with new therapies that kept her cancer in check. When it spread to her brain a couple of years ago, she had whole-brain and CyberKnife radiation. A new medication that can cross the blood-brain barrier halted the growth of new brain tumours. Her cancer is not getting better, but it’s not getting worse, either.

Jillian has surpassed the original two-year diagnosis by two-and-a-half years. “I’m happy to stay status quo,” said Jillian. “I’m good with that. I feel great.”

“Buying time: 7 hrs, 52 stitches

Joellie Qaunaq has 52 stitches on the left side of his head from the seven-hour surgery to remove a brain tumour. He had to leave his family, friends, and community of Arctic Bay on northern Baffin Island to come to The Ottawa Hospital for treatment because it is the only centre that treats patients from Nunavut. Joellie was guided through his cancer treatment and care by a First Nations, Inuit, and Métis Nurse Navigator in the hospital’s Indigenous Cancer Program, which aims to improve access to cancer care services in a respectful, culturally appropriate way. After surgery and radiation, Joellie returned to Nunavut with chemotherapy pills, which allowed him to continue treatment at home.

Just before this report went to print, we were saddened to learn that Joellie passed away in early May 2019. Your support of cancer research is helping us find better treatments, so that one day patients like Joellie will live longer, fuller lives.

Leata and Joellie Qaunaq

Jillian O’Connor

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Leata and Joellie Qaunaq
“A year ago, there’s no way I would’ve even been out walking,” said Ian McDonell, incredulous at his own recovery from melanoma.

He was off-duty when he saw men fighting on a bike path. He called the police and tackled one of the men. This was remarkable because the summer before Ian had been bedridden from cancer.

In 2013, Ian was diagnosed with melanoma—an aggressive form of skin cancer. After surgery to remove the cancerous mole and lymph nodes from his left groin and armpit, the 47-year-old Ottawa Police staff sergeant began a 10-month targeted chemotherapy treatment. However, in June 2017, his medical scans showed tumours in his abdomen, as well as his brain. Ian’s cancer was stage 4.

Ian’s oncologist Dr. Michael Ong, a specialist in skin and urological cancers, suggested...
Genetics influence trial results

Three years ago, Sandy Patenaude was diagnosed with stage 4 inoperable colorectal cancer. She agreed to participate in a clinical trial, testing a new cancer stem cell inhibitor drug.

Medical oncologist Dr. Derek Jonker led an international trial at 40 sites with 562 patients, using an experimental drug to target cancer stem cells. These are the immature cells in a tumour often resistant to standard chemotherapy. While the majority of patients did not respond to the drug, Sandy was one of the 22 percent of patients who did, with her tumours shrinking.

A new trial now underway, targets patients with a similar genetic predisposition to Sandy who are presumed most likely to benefit from the drug. These patients will be identified with the Next Generation DNA Sequencer—a piece of equipment funded with donor support.
"I want to see how we can reverse the regeneration properties after injury, so the patient will not scar," said Dr. Daniel Coutu, the inaugural holder of the Research Chair in Regenerative Orthopaedic Surgery.

Dr. Daniel Coutu is a bone stem cell expert recruited from Switzerland. It wasn’t hard to persuade him to accept the position. He was already keenly aware of the internationally recognized stem cell research being done at The Ottawa Hospital.

‘Ottawa is the place to be for stem cell research,’ he said.

Dr. Coutu wanted to be part of the collaborative team whose work was moving from lab bench to patients in clinical trials.

As research chair, he will focus on the fundamental biology of bone stem cells. Bone plays a key role in the health of tissues, such as muscle, tendons, and cartilage that are connected to it. Dr. Coutu will lead research to help understand how bone regenerates, repairs, and
heals. He’ll also investigate the impact trauma, aging, and chronic degeneration has on bones.

“Bones can regenerate by themselves. If you have a fracture and set it, the bone will heal without a scar,” said Dr. Coutu. “But tendons scar and an injury to tendon tissue tends to lose its regenerative property with scarring.” Dr. Coutu intends to find a solution that leaves no scar.

Bone stem cells have the capacity to repair tissue and are being tested to repair the heart, help the immune system, and treat diseases such as multiple sclerosis. However, how the various types of cells and molecules in bone marrow work to form blood, bone cells, and blood vessels, as well as how bone regenerates, are not fully understood.

Dr. Coutu was part of a team in Switzerland that developed microscopy techniques to enable scientists to analyze bone and see where stem cells are and what they do. With these techniques, researchers are just starting to understand the fundamental biology of bone stem cells.

"We are just starting to understand the fundamental biology of these stem cells."

Ingenuity to understand rare cancer

Meeting a patient with Lymphangioleiomyomatosis (LAM), a rare form of lung cancer, inspired Dr. William Stanford to research the disease.

To study cancer cells, researchers grow them on a material similar to where the cancer cells grow in the body. Normally, researchers use a hard ‘tissue culture’ plastic to grow cancer cells on, but the LAM cells wouldn’t grow on it.

Dr. Stanford, a senior scientist in the Regenerative Medicine Program, had success culturing the LAM cells in a biomaterial gel with the natural properties of a lung that he developed in collaboration with a chemical engineer in Toronto. His research team was then better able to study the disease and pave the way for potential new treatments.

"Over 125,000 microscopic images were put together to give a cross section of the inside of a mouse femur—a microscopy technique developed by Dr. Coutu."
When Phil Downey’s kidneys failed, his wife Gail, his three adult children, and two step children each volunteered to donate a kidney. Sean, his second son, was the best match.

In July 2013, Sean and Phil underwent surgery at the same time. The kidney transplant was a success. Phil began to feel better almost immediately, and had more energy than he’d had in years while still in the hospital.

Phil is no stranger to The Ottawa Hospital. Five years before his kidney transplant, he had been diagnosed with prostate cancer and had his prostate gland removed. Phil and Gail were so grateful for the wonderful care he’d received that they actively fundraised for critical hospital priorities, such as the CyberKnife, the new Charlie and Claudette Logue Dermatology Centre, and the Rose Ages Breast Health Centre. Philanthropy was also important to their adult children.
"I think it’s important to give, if you have the ability to give,” said Sean. “We live in the greatest country in the world and have the ability to give more so than a lot of other places in the world. If everybody had that mentality, the world would be a better place.”

In August 2018, Phil and Gail hosted a cocktail reception in their backyard with their family and invited their close friends. They announced, in gratitude for the treatment and care Phil received, they would make a significant donation to advance kidney research. Knowing that the hospital had touched everyone in attendance, the Downeys asked their friends to also consider engaging their own children—the next generation—to support world-class patient care at The Ottawa Hospital. By planting the seed, many of the Downey’s friends and their children, have become supporters of the hospital. The Downey family is paying it forward, knowing their legacy will shape the future of health care in Ottawa for generations to come.

“I think it’s important to give, if you have the ability to give.”
Sean Downey

Kidney research for the next generation

June and Russ Jones know about living with serious illness. June was diagnosed with kidney disease after her second child was born 30 years ago. She received a kidney transplant in 1998. But almost 15 years later, the disease came back. June is now on peritoneal dialysis while she waits for another kidney transplant.

With their two little granddaughters in mind, the Joneses decided research was the only way to change the outcomes for future generations of patients with kidney disease and made a $1 million gift to support kidney research. In January, they unveiled a plaque at the Jones Family Foundation Kidney Research Laboratory at The Ottawa Hospital Kidney Research Centre.
Wearing virtual reality goggles and using two wands, or joysticks, Dr. Sachs can see an accurate, computer-generated 3D image of a patient’s brain with Parkinson’s disease.

With the wands he can move the three-dimensional brain around, looking at it from all angles. He can also remove layers of the brain to look inside at the exact spot where he will place an electrode during deep brain stimulation surgery. He is hoping to soon use this technology in the operating room.

During deep brain stimulation surgery, a microelectrode, no wider than a human hair, is implanted into a very specific area of the brain. The microelectrode then records activity and stimulates part of the brain to help alleviate some of the Parkinson’s-related symptoms, such as tremors and akinesia or the loss of ability to move muscles voluntarily.
“In deep brain stimulation surgery, because the target is very small and in the middle of the brain, this leaves the surgeon with the problem of how to visualize the patient’s brain, to understand the area, and where to put the electrode,” said Dr. Sachs.

A medical 3D virtual reality system, developed at The Ottawa Hospital, is expected to be the first of its kind in the world to be used for deep brain stimulation surgery. Drs. Justin Sutherland and Daniel La Russa are clinical medical physicists in the hospital’s radiation oncology department. The two used their imaging expertise to develop a virtual reality system that combines a patient’s MRIs and CT scans to create a 3D image of a patient’s organ or body part to give surgeons a detailed and accurate representation of the surgical area.

“Nowhere else in the world are they using virtual reality in this fashion,” said Dr. Sachs.

Though it will have to be confirmed through research, Dr. Sachs anticipates that the resulting precision of the placement of the electrode will improve outcomes for patients.

Better IQ = better health

Sandra Crabtree and Gerald MacGarvie of the Crabtree Foundation are supporting IQ@TOH, an acronym for Innovation and Quality of Care at The Ottawa Hospital. The IQ@TOH research program, led by Dr. Alan Forster, Vice President of Innovation and Quality, focuses on finding solutions for our health system’s biggest challenges. The Crabtree Foundation donated $500,000 towards IQ@TOH’s work in improving vascular health. This project is developing solutions by focusing on patients’ experiences and by examining population health trends. It has developed new approaches (including apps) to support the continuum of patient care in eastern Ontario. The Ottawa Hospital has been a recipient of the Crabtree Foundation’s generous philanthropy for 40 years.
Heather Harris was driving her fiancé to a golf tournament one morning in 2001 when her right foot went numb. By the end of the day, the numbness had spread up the entire right side of her body.

The then-24-year-old Thunder Bay resident had an MRI, which showed signs of multiple sclerosis (MS). The numbness was her first MS attack.

MS is a devastating disease that occurs when the immune system—which protects against foreign organisms such as viruses or bacteria—mistakenly attacks the body’s own central nervous system, which includes the brain, spinal cord, and optic nerve.

Heather met with neurologist and MS specialist Dr. Mark Freedman just a few weeks before her wedding. Heather’s disease was progressing rapidly. Dr. Freedman told her she would be in a wheelchair within five years.

After 18 years with MS—“I really feel like I’m cured.”

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Planting platinum seeds to transform treatment

For tumours in the head and neck, or in organs that move constantly, like the lungs, kidneys, and liver, platinum seeds, about one third the size of a grain of rice, are implanted around a tumour. The seeds improve the CyberKnife robot’s accuracy in delivering precise doses of radiation by helping its software detect and track the motion of the tumour. These made-in-Ottawa platinum seeds are improving an already incredibly powerful and precise radiosurgery treatment system for tumours in the head, neck, and organs, such as lungs and liver.

“I really feel like I’m cured.”

Heather Harris

Dr. Freedman and hematologist and scientist Dr. Harold Atkins were leading a world-first clinical trial, investigating whether patients with early, aggressive MS would benefit if their immune system was wiped out with high-dose chemotherapy and then regenerated with blood stem cells.

The stem cell treatment seemed her only hope. Heather and her husband moved to Ottawa for a year while she took part in the trial. She had the stem cell transplant in November 2006.

“It’s now 12 years since my stem cell transplant. I really feel like I’m cured,” said Heather who has no symptoms of the disease. She works full-time as a school principal, and is back to camping, skiing, running and driving a manual shift car.

Heather and her husband wanted to have a baby. With the help of in vitro fertilization, Heather had a baby girl in 2016. She said her little Zoe is the second miracle in her life.

In June 2016, Drs. Freedman and Atkins published the results of their successful clinical trial in The Lancet, a top medical journal. To date, more than 50 MS patients, like Heather, from all over Canada have undergone this treatment, which eliminated all signs of damaging active brain inflammation.
Ten years ago, Annie Grenon picked up a rare virus that damaged her kidneys. She ended up on dialysis.

“But the doctors and nurses at The Ottawa Hospital managed to do the impossible—they got me cured and back to normal,” said Annie.

Annie had met Hernan Matute—the love of her life—in Peru where her father was a diplomat. When they emigrated to Ottawa in 1982, they had nothing but two suitcases, a toddler, and $500 in their pockets. But they landed on their feet: Annie as an accountant and Hernan as a manager at Bell Canada.

In 2005, Annie began working as Director of Finance and Administration at The Ottawa Hospital Foundation. She witnessed firsthand how donations to the hospital support clinical research, the purchase of medical equipment, and help improve patient care.
Their lives changed forever in the fall of 2015, when Hernan, who’d been having stomach trouble, received the results of his medical tests. He had cancer. And so their journey at the cancer centre began. Annie left her job at The Ottawa Hospital Foundation to be beside Hernan as he bravely battled this devastating disease. Sadly, the love of Annie’s life passed away, his family beside him.

Annie and Hernan had talked about leaving a gift in their Wills to The Ottawa Hospital. Annie said this gave them a sense of deep satisfaction, knowing that in the future people, perhaps even their granddaughter, would receive the best possible health care when they need it most.

“My dear husband was gone. He was the light of my life, my everything,” said Annie.

Annie said that Hernan still lights up her life daily through their children. Camille is a chartered accountant in Toronto. Diego and his wife live close by in Kanata with their three-year-old daughter, Sofia, who fills their lives with love.
REPORT OF THE INDEPENDENT AUDITORS ON THE
Summary Financial Statements

To the Members of The Ottawa Hospital Foundation

Opinion
The summary financial statements of The Ottawa Hospital Foundation (the “Entity”), which comprise:
• the summary statement of financial position as at March 31, 2019
• the summary statement of operations and changes in net assets for the year then ended
• and related notes

are derived from the audited financial statements of the Entity as at and for the year ended March 31, 2019 (the “audited financial statements”).

In our opinion, the accompanying summary financial statements are consistent, in all material respects, with the audited financial statements, in accordance with the criteria disclosed in note 1 in the summary financial statements.

Summary Financial Statements
The summary financial statements do not contain all the disclosures required by Canadian accounting standards for not-for-profit organizations. Reading the summary financial statements and the auditor’s report thereon, therefore, is not a substitute for reading the Entity’s audited financial statements and the auditor’s report thereon.

The summary financial statements and the audited financial statements do not reflect the effects of events that occurred subsequent to the date of our report on the audited financial statements.

Management’s Responsibility for the Summary Financial Statements
Management is responsible for the preparation of the summary financial statements in accordance with the criteria disclosed in note 1 in the summary financial statements.

Auditors’ Responsibility
Our responsibility is to express an opinion on whether the summary financial statements are consistent, in all material respects, the audited financial statements based on our procedures, which were conducted in accordance with Canadian Auditing Standards 810, Engagements to Report on Summary Financial Statements.

Chartered Professional Accountants, Licensed Public Accountants
Ottawa, Canada

May 23, 2019
The Ottawa Hospital Foundation

SUMMARY STATEMENT OF FINANCIAL POSITION
as at March 31, 2019

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<tr>
<th>2019 ($)</th>
<th>2018 ($)</th>
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<tbody>
<tr>
<td><strong>Assets</strong></td>
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<tr>
<td><strong>Current assets</strong></td>
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<td>Cash</td>
<td>10,110,508</td>
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<td><strong>Investments</strong></td>
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<td>92,061,305</td>
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<td><strong>Capital assets</strong></td>
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<tr>
<td></td>
<td>158,103</td>
</tr>
<tr>
<td><strong>Total assets</strong></td>
<td><strong>103,618,758</strong></td>
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<table>
<thead>
<tr>
<th>2019 ($)</th>
<th>2018 ($)</th>
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</thead>
<tbody>
<tr>
<td><strong>Liabilities</strong></td>
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<tr>
<td><strong>Current liabilities</strong></td>
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<tr>
<td>Accounts payable and accrued liabilities</td>
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<td>Grants payable to The Ottawa Hospital</td>
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<tr>
<td>Grants payable to the Ottawa Hospital Research Institute</td>
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<td><strong>Total current liabilities</strong></td>
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<td><strong>Fund balances</strong></td>
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<td>Unrestricted fund</td>
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<td>Invested in capital assets</td>
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<td>Restricted fund</td>
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<td>Endowment fund</td>
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<td><strong>Total fund balances</strong></td>
<td><strong>92,247,671</strong></td>
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<tr>
<td><strong>Total liabilities</strong></td>
<td><strong>103,618,758</strong></td>
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</tbody>
</table>

1. Summary financial statements:
The summary financial statements are derived from the complete audited financial statements, prepared in accordance with Canadian accounting standards for not-for-profit organizations, as at and for the year ended March 31, 2019.

The preparation of these summary financial statements requires management to determine the information that needs to be reflected in the summary financial statements so that they are consistent, in all material respects, with or represent a fair summary of the audited financial statements.

These summarized financial statements have been prepared by management using the following criteria:

(a) whether information in the summary financial statements is in agreement with the related information in the complete audited financial statements; and

(b) whether, in all material respects, the summary financial statements contain the information necessary to avoid distorting or obscuring matters disclosed in the related complete audited financial statements, including the notes thereto.

Management determined that the statements of changes in net assets and cash flows do not provide additional useful information and as such has not included them as part of the summary financial statements.

The complete audited financial statements of the Foundation are available upon request by contacting these organizations.
Committees

Volunteers on Board Committees
Bryan Allsopp
Stephen C. Bevington
Michael Brennan
Brian J. Cook
Michael Gagnon
Adam Kane
Ainsley Malhotra
Rebecca Tam
Paulina Yee

Gala Committee 2018
Whitney Fox, Co-Chair
Greg Kane, Co-Chair
Nicholas Allaham
Roxanne L. Anderson
Hugues Boisvert
Katherine Cotton
Cindy Harrison
Randy Marusyk
Micheline McElligott
Michael Naufal
Ian Sherman
Chris Vivone

The Ottawa Hospital Gala
At the Gala on October 27, we celebrated the achievements of three incredible researchers whose work is transforming health care.

Worton Researcher in Training Award: Dr. Kristin Danko
Chrétien Researcher of the Year Award: Dr. William Stanford
Grimes Career Achievement Award: Dr. Fraser Scott

President’s Breakfast for the Public Service Volunteer Committee
Thanks to the leadership of our President’s Breakfast for the Public Service volunteers and to the generosity of their guests, $361,255 was donated to patient care and research on May 8, 2018.

Renne Marcoux, Co-Chair
Marty Muldoon, Co-Chair
Anil Arora
Stefanie Beck
Susan Cartwright
Ariel Delouya
Kevin d’Entremont
Wendy Hadwen
Mollie Johnson
Greg Kane
Robert Orr
Lisa Setlakwe
Shawn Tupper

President’s Breakfast for the Community Volunteer Committee
Thanks to the leadership of our President’s Breakfast volunteers and to the generosity of their guests, $807,000 was donated to patient care and research on September 12, 2018.

Cyril Leeder, Co-Chair
Janet McKeage, Co-Chair
Mark Bonneau
Jeff Clarke
Ian Hendry
Nancy Oakes
Mohamed Sheibani
Ernie Sherman
Ian Sterling

Sovereign’s Medal for Volunteers
On behalf of the Governor General, the Right Honourable Jean Chrétien presented these outstanding Foundation volunteers with Sovereign’s Medals on for Volunteers.

John Cardill
Albert Lefebvre
Paul McCarney
James McCracken
Nancy Oakes
Frank Tierney
Whitman Tucker

► Drs. Fraser Scott, Kristin Danko, and William Stanford
THE OTTAWA HOSPITAL FOUNDATION

Board of Directors 2018–2019

James K. Harmon
Managing Partner, Boyden Canada (Chair)

Subhas Bhargava
Community Volunteer

Susan M.W. Cartwright
Commissioner, Public Service Commission (Secretary)

Jeffrey Clarke
President and CEO, Inflector Environmental Services

Bryce Conrad
President and CEO, Hydro Ottawa

Kevin Ford
President and CEO, Callan Group Ltd.

Whitney Fox
Community Volunteer

Sandra Goldberg
Community Volunteer (Treasurer)

Mitchell Kurylowicz
Founder, Project Jenga and MAKE LUCK HISTORY

Michael McGahan
President CLV Group and CEO, InterRent REIT

Dr. Pradeep Merchant
Site Chief, Division of Neonatology, The Ottawa Hospital

Natalie Raffoul
Managing Partner, BRION RAFFOUL

Ross Rowan-Legg
First VP, Portfolio Manager, Investment, CIBC Wood Gundy

Michael Runia
National Managing Partner, Deloitte Private (Vice-Chair)

Tina Sarellas
Regional President, Ontario North & East Region, RBC Royal Bank

Bruce Wolfgram
Principal, Proveras Commercial Realty
Seventeen years ago, The Ottawa Hospital Foundation hosted the first President’s Breakfast. Three hundred business and community leaders gathered to hear hospital President and CEO Dr. Jack Kitts talk about his vision. Three patients described how The Ottawa Hospital saved their lives. Their powerful testimonials filled that hour-long breakfast with hope and compassion and inspired the guests’ support.

The annual President’s Breakfast has now raised more than $11 million for The Ottawa Hospital. From funding research, to building the cancer centre, and purchasing state-of-the-art equipment, the breakfast provides crucial funding to help improve patient care.

On Wednesday, September 12, 561 guests were as inspired by the testimonials as the guests were at that first breakfast 17 years ago, donating an astonishing $807,000 to patient care and research. Four powerful speakers told how their lives changed in an instant and were saved by the expertise and world-class treatment at The Ottawa Hospital. Here are their stories:
Jeanette Cheng

Twelve years ago, Jeannette Cheng headed out with friends for a white-water rafting adventure, but ended up in a serious car accident. Jeannette, the most critically injured, was airlifted to the Regional Trauma Centre. She had multiple operations to repair broken bones and damaged organs, and spent four months recovering in the hospital and rehabilitation centre. The compassionate care Jeannette received inspired her to become a nurse. Today, she works in the Surgery Division at The Ottawa Hospital.

John Chafe

John Chafe’s plans of working in the financial sector were sidetracked by an aggressive form of multiple sclerosis (MS). One day, John heard neurologist Dr. Mark Freedman on the radio talking about a groundbreaking study he was working on with hematologist and scientist Dr. Harold Atkins to see if an innovative stem cell transplant would halt an aggressive form of MS. John volunteered to participate and, in 2001, he became the second person in the world-first clinical trial that virtually eliminated any new MS activity and stabilized his disease. This winter, John skied with his wife and eight-year-old daughter.

Spencer Ottens

Ellen Ottens’ four boys had had their fair share of bumps, bruises, and broken bones. But when she took her teenaged son, Spencer, to the doctor about a strange bump in his nose, she wasn’t prepared for the diagnosis. He had an enormous tumour in his head. Neurosurgeon Dr. Fahad Al Kharayf and ear, nose and throat specialist Dr. Shaun Kilty performed an eight-hour minimally invasive surgery, removing the tumour through Spencer’s nose. Today, Spencer is back playing his high school sports.

Adrian Molloy

When the blade on Adrian Malloy’s power saw partially severed his arm, he was rushed to The Ottawa Hospital. He was one of the first to benefit from an initiative that extended the time from 30 to 60 minutes for an ambulance to head directly to the Regional Trauma Centre at the Civic Campus, bypassing the nearest community hospital. Trauma staff worked quickly and saved Adrian’s arm. Adrian is back on the construction site with full use of his arm and enjoying every moment with his wife and three children.
Dancing with the Docs
April 7, 2018
$446,242 raised
800 guests
8 dancing docs
Total raised since 2017—$780,000

“We can make every step really count, by tying our running goals with fundraising for The Ottawa Hospital.”
- Sindy Hooper

AT TAMARACK OTTAWA RACE WEEKEND
RUN FOR A REASON
May 26 & May 27, 2018
$310,000 raised
438 runners/walkers
Total raised since 1998—$11 million

THE RIDE
September 9, 2018
$1.1 million raised
700 riders
Total raised since 2010—$13 million

RUN FOR A REASON
May 26 & May 27, 2018
$310,000 raised
438 runners/walkers
Total raised since 1998—$11 million

"We can make every step really count, by tying our running goals with fundraising for The Ottawa Hospital.”
- Sindy Hooper
Thank You to All Those Involved in Our Events!

<table>
<thead>
<tr>
<th>Category</th>
<th>Quantity</th>
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<tbody>
<tr>
<td>Community events</td>
<td>55</td>
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<td>Gourmet dinners</td>
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<td>Karaoke night</td>
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<td>BBQs</td>
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<tr>
<td>President’s dinners</td>
<td>2</td>
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<tr>
<td>The Ottawa Hospital Gala</td>
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</tbody>
</table>

Tournaments: golf, ringette, tennis, curling, bowling, poker

President’s dinners
- May 24, 2018: 180 guests
- October 11, 2018: 175 guests

The Ottawa Hospital Gala
- October 27, 2018: 676 guests, 59 sponsored tables
Nursing staff, General Surgery, Civic Campus
Left to Right: Camille Roderiguez, Christine Jacques, Stephanie Soucy, Alyssa Grimberg, Joe Bothamley, Vanessa Okoboh

Cover Story: Joellie Qaunaq sits in front of a photo of a Baffin Island landscape, similar to the land near where he lived. Read his story on page 7.