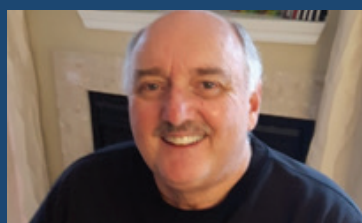




DONATING TO BENEFIT OUR COMMUNITY

"Only by giving are you able to receive more than you already have."



George Knight is a loyal monthly donor. In April 2019, he was diagnosed with prostate cancer and was cared for at The Ottawa Hospital. Today, George is doing very well and spends his days enjoying the company of his family and friends.

Visit yourimpact.ca/george to see what George's gift has allowed us to do this year.

WHAT INSPIRED YOU TO GIVE?

"I decided to donate because of the excellent care I received. I trusted The Ottawa Hospital with my health and I trust it now with my support. My doctors, nurses, and radiology technicians are all world-class. We truly have a rare gem of a facility here in Ottawa and by giving, I know it will help future patients receive the same level of care I received. Only by giving are you able to receive more than you already have."

WHY GIVE MONTHLY?

"I choose to give monthly because of how convenient it is and because it's important for me to give regularly to the charities that mean the most to me. I want to know The Ottawa Hospital has regular support they can count on."

Last year, more than 2,700 monthly donors gave almost \$700,000!



creatingtomorrow.ca



GIVING TODAY.
CREATING TOMORROW.

DONNER AUJOURD'HUI,
C'EST CRÉER DES LENDEMAINS.



CREATING TOMORROW

2019-2020 REPORT

Emerging even stronger

This past year has solidified one of my long-held beliefs: in challenging times, a community needs to rely on its hospital, and likewise, the hospital needs to rely on its community. When COVID-19 hit Ottawa, you all hit back, donating over \$1.6 million in the first two months of the fight against the virus. Because of this support, we were able to purchase critical equipment and invest in patient-care initiatives and vital research projects to combat the virus.

The community response has been inspirational and reminiscent of 100 years ago when our community rallied to build the Civic Hospital in response to the devastation of the 1918 flu pandemic. The parallels between the push to build the Civic then, and our campaign to create a new hospital campus, are striking: a global pandemic, asymptomatic community transmission, no known treatments or vaccines.

That's why building a new, state-of-the-art hospital will create a healthier tomorrow – this is more important than ever. The new Carling site will be designed with single-

patient rooms to reduce the spread of infection and will have purposely-designed separate entrances, giving us flexibility to section off parts of the hospital should we find ourselves faced with another pandemic. It will be the high-calibre facility that researchers and clinicians need to excel. This is what the future of healthcare looks like and our hospital will lead the way, tackling some of the greatest healthcare challenges our world will face.

Thank you for being one part of this extraordinary community and for supporting The Ottawa Hospital through this challenging time. As we look back over the past year, we will see that we have grown as a hospital and as a community, secure in the knowledge that we can thrive despite unprecedented challenges and emerge even stronger.

TIM KLUKE
PRESIDENT AND CEO
THE OTTAWA HOSPITAL FOUNDATION

To listen to an interview with our new President and CEO, Cameron Love, and to read a farewell message from Dr. Jack Kitts, please visit yourimpact.ca.

A MESSAGE FROM OUR NEW PRESIDENT AND CEO

Building the future of healthcare — together

Over the last decade, under the leadership of our previous CEO, my former colleague and friend, Dr. Jack Kitts, The Ottawa Hospital has undergone a steady transformation to become a model for patient-centered care in hospitals across Canada. We have built leading research programs that have produced world-firsts in cancer therapeutics, neuroscience, regenerative medicine, chronic disease, and practice-changing research. With your help, we have been successful in creating an environment of excellence where the sharpest minds in the world come to innovate.

After living The Ottawa Hospital's values for more than two decades through my work at the hospital, I now have the privilege of leading our team through the next stage of healthcare transformation that will be on an unprecedented scale in Ottawa. I truly believe that we have a once-in-a-generation opportunity to build a legacy of world-class care, not just for us but for our children and the generations that follow.

Over the next decade we will **build future capacity**. This means that we will grow our talented and engaged workforce and invest in new technologies to support world-class patient care. We will create sustainable infrastructure, which

includes the development of our new Carling Site near Dow's Lake. This 21st century campus will be instrumental in transforming healthcare in our community for the next century.

We will continue to **integrate care** between our hospital and our community partners so that our services and expertise are accessible to our patients across the region when and where they need it. We will ensure care is **value based**, where a patient's quality of life is always at the forefront of everything we do. We will revolutionize healthcare through groundbreaking **research and innovation** that will provide our patients, families, and the community with access to the most advanced treatments available anywhere in the world.

We are committed to meeting the many health and wellness needs of our community for generations to come. Guided by the core values of compassion, respect, teamwork, and commitment to quality, we will continue to support the health of our entire community and to provide care to the sickest people in our region.

I know this is a bold vision for the future of healthcare in Ottawa. I am energized by this challenge and have confidence in the strength of



our team. I am honored to have the opportunity to work with our staff and physicians, our community, and with you, our generous donors, in creating this future. This is an exciting time for The Ottawa Hospital and with your help and support, we can do more than hope for this future — we can make it a reality.

CAMERON LOVE
PRESIDENT AND CEO
THE OTTAWA HOSPITAL

READY FOR THE MOST COMPLEX CASES

Westboro bus crash survivor talks trauma care, rehab, and compassion



In January 2019, a double-decker bus ran off the road into a bus shelter. Marcie Stevens was one of the passengers on that bus, and her life was changed forever in a moment.

Ten minutes away from where the crash occurred, our trauma team was alerted, and a Code Orange was called. When Marcie arrived by ambulance, she was rushed into a trauma bay where our team of specialists were ready to save her life. They first needed to stabilize her blood pressure, which had plummeted, before rushing her into emergency surgery. She woke up two days later, having lost both of her legs.

Marcie was at our hospital for 13 weeks, spending six weeks in the ICU and Trauma Centre before moving to the Rehabilitation Centre.

During her lengthy stay, Marcie shared a room with three other patients in a space not designed for modern equipment. These challenges will be solved with

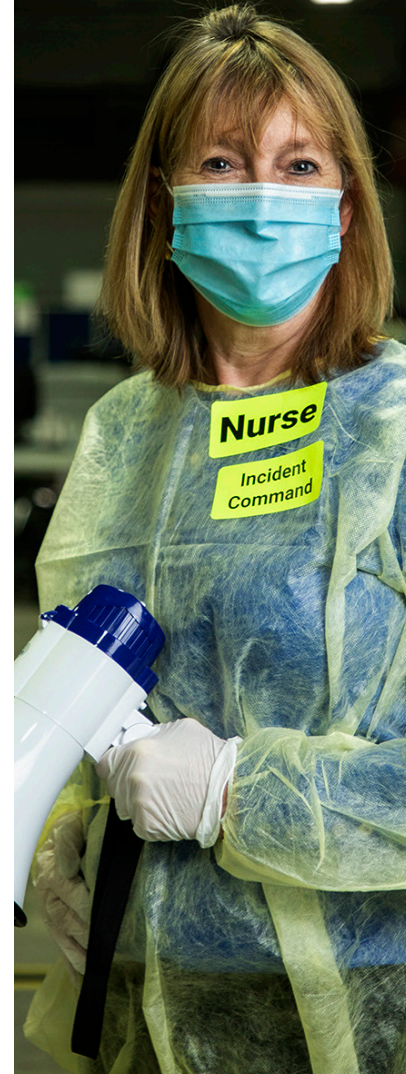


the new Carling site which will provide single-patient rooms with private, accessible bathrooms and space for loved ones to stay the night.

"Marcie is a very positive, motivated person," said Dr. Nancy Dudek, Medical Director of the Amputee Program at The Ottawa Hospital Rehabilitation Centre. "Despite being faced with an enormous challenge, her natural positivity shines through."

Marcie went home on April 12, 2019, but she continues regular visits to Dr. Dudek. "You cannot find a more dedicated team than the one at The Ottawa Hospital Trauma Centre," Marcie said. "Everyone was so kind and compassionate. They've done more for me and my family than I ever could've hoped."

✚ As the region's only level one trauma centre, we were uniquely equipped to save Marcie's life. To learn more and to watch her inspiring video, please visit yourimpact.ca/marcie.



Many nurses came out of retirement to work the frontlines.



Facing COVID-19 head-on

Unprecedented. A word used so often over the past several months to describe the challenging times our world is facing with COVID-19. We are working, living, and distancing through the greatest healthcare challenge our communities have ever seen, and together, we are taking unprecedented precautions to ensure we protect each other.

Within weeks of the COVID-19 pandemic hitting Canada, our researchers had already mobilized and are now engaged in more than 50 research projects to fight the virus.

Many of these research projects were awarded funding from the COVID-19 Emergency Response Fund which was set up to provide funding not only for research, but also much-needed equipment, PPE, and innovation and care projects submitted to the COVID-19 Ideas Hub. The Hub provided a way for any hospital staff, regardless of role or background, to submit ideas to combat the virus. These innovative ideas were reviewed by a special advisory group and receive funding where possible.

From the resilience and commitment of our front-line workers to the cutting-edge research and innovative care solutions underway, it is clear that we are certainly stronger together.

✚ Go online to read about our dedicated front-line workers and how donations to the COVID-19 Emergency Response fund have already been put to work: yourimpact.ca/covid19

In the first two months, more than \$1.6M was donated to the COVID-19 Emergency Response Fund.



More than 160 innovative solutions have been submitted to the COVID-19 Ideas Hub.



More than 50 COVID-19 research projects are underway.



WORLD-CLASS RESEARCH

Donor-supported ovarian cancer research makes national headlines



In late 2019, Dr. Barbara Vanderhyden and Dr. Curtis McCloskey led a team that published an ovarian cancer study that made headlines across Canada. The study offered a new hypothesis about how ovarian cancer forms and suggests how it might be prevented with the use of diabetes drug, metformin. This discovery was made possible in part thanks to a retired Ottawa educator, Margaret Craig.

Margaret was so grateful for the compassionate treatment she received for ovarian cancer that

she was inspired to invest in cancer research. She was impressed by the bold and innovative ideas of Dr. Vanderhyden, a senior scientist at our hospital, and decided to make a gift in her will.

When Margaret reached her last few days, Dr. Vanderhyden sent her a daily story written by someone on her team expressing the impact of her donation on their work and the legacy that she was leaving behind. Margaret's generous gift has most certainly been put to good use.

"We hope that someday metformin may prove to be an effective preventative treatment for younger women who are at high risk of ovarian cancer," said Dr. Vanderhyden. "We are so grateful to donors like Margaret who believe that research is the way forward."

✚ To read more about our cutting-edge research, please visit yourimpact.ca/ovarian-cancer