

# Celebrating Impact

2022 - 2023





# COMMUNITY EMBRACES HISTORIC CAMPAIGN

This past year, the message was loud and clear: the Ottawa community has embraced the importance of our Campaign to Create Tomorrow and wants to ensure a better healthcare future, right here in Ottawa. In April, we celebrated the one-year anniversary of the campaign by announcing commitments of \$268 million had been received – we had surpassed the halfway point of our ambitious \$500-million goal. We're thrilled to update you that our latest total is \$294 million and counting!

More than 100 years ago, on the heels of the First World War and a devastating global influenza pandemic, Ottawa Mayor Harold Fisher pushed hard for the construction of the Ottawa Civic Hospital and for a thoroughly progressive vision of medicine. With that one decision, he and his supporters would improve the lives of every citizen of Ottawa and help lay the foundation for a century of healthcare advances in Canada.

Now, here we are, emerging from another pandemic and amidst the largest fundraising campaign in our region's history, where so many donors have stepped forward to participate in whatever way they can. Their generosity is proof that our community is ready to once again come together in a defining moment to reshape the future of healthcare.

We will all benefit from the success of this campaign, which supports the construction of The Ottawa Hospital's new campus and takes groundbreaking research to unprecedented heights. You will read about both in the following report, along with inspiring stories and words of gratitude from our patients. Thank you for making these success stories possible through your support.

While there is still a great deal of work to do to reach our campaign goal, we know the community is rallying behind us. We have the momentum and vision we need to achieve success.

Gratefully,



JANET MCKEAGE Chair, Board of Directors The Ottawa Hospital Foundation



**ROGER GREENBERG** Chair Campaign to Create Tomorrow



TIM KLUKE President and CFO The Ottawa Hospital Foundation



SCAN THE QR CODE TO LISTEN TO OUR PODCAST, AND WHEN YOU SEE THE HEADPHONE ICON IN THIS REPORT, CHECK OUT THAT EPISODE!



# YOUR GENEROSITY BY THE NUMBERS



THE CAMPAIGN TO CREA **TOMORROW**  We are now at

of our \$500M goal.

This is an increase of \$61M since last year's report.

**THANK** YOU FOR MAKING A DIFFERENCE.

### **ANNUAL DONATIONS** SNAPSHOT 2022 - 2023

DONOR GENEROSITY ACROSS THE HOSPITAL:

\$8.17M

toward cancer research, stem cell research, and research to improve patient care

\$1.24M

toward education and patient care

\$5.23M

toward equipment, technology, innovation, and other hospital priorities



\$0.15





67,052 donations received

3,316 unique monthly donors

23.229 unique donors

\$917K received through monthly gifts

# **RESEARCH** SNAPSHOT





active patent families



spinoff companies



8,859 enrolled in clinical trials

728 active clinical trials



scientific papers published per year



**READ THE FULL** FINANCIAL REPORT ONLINE



We are thrilled to be named a high performer by the Association of Healthcare Philanthropy (AHP) for the 10th consecutive year. This status is awarded based on key industry metrics such as total funds raised, costs to raise a dollar, and return on investment,





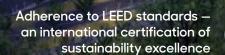
# NEW CAMPUS DEVELOPMENT

#### YOU ARE BUILDING A BETTER TOMORROW

The outpouring of donor support for The Ottawa Hospital's new campus has been inspiring and shows the community is ready for the future of healthcare and an enhanced patient experience in our region.

Construction crews are busy on the 50-acre site near Dow's Lake, which will be home to one of Canada's most modern, technologically advanced, and accessible hospitals.

Thank you for your support of this significant project.





Aspires to be Net Zero Ready — aiming to eventually produce as much clean energy as the new hospital consumes



ENVIRONMENTAL SUSTAINABILITY

Landscaping on site will encourage native plant species and pollinators



Low carbon footprint, less energy and water use, less waste



Bird-safe design aligned with City of Ottawa and National Capital Commission guidelines





#### CONSTRUCTION HAS STARTED!

#### **ACCESSIBILITY**



Integrated best practices of universal accessibility



Direct connection to LRT and cycling network



Wayfinding that is predictable and easy to understand



Fully accessible washrooms



Accessibility standards that meet or exceed those required by Ontario



Ample parking, including accessible spaces



#### PATIENT ROOMS OF THE FUTURE

The new campus will follow a one-patient, one-bedroom, one-bathroom model for better infection prevention and control, increased privacy, and improved rest.

Each room will also feature:



Space for loved ones to spend the night



Private, accessible bathrooms with roll-in shower



Advanced technology to connect patients to their care providers, health information, and loved ones



Extra space around the patient bed for patient and family comfort and to give healthcare workers unrestricted access to deliver care



Dedicated hand hygiene stations for healthcare providers and visitors



Floor-to-ceiling windows for an abundance of natural light and views of land and sky





**LEARN MORE ABOUT THE NEW CAMPUS DEVELOPMENT** 



# LEADING THE WAY IN STROKE RESEARCH & TREATMENT In Canada, stroke is the third leading cause of death and disability in adults, and approximately 50,000 people suffer strokes each year. That's where we come in. We are internationally recognized for our groundbreaking work in stroke and are leading the way in how stroke care is delivered in Canada.



**HEMORRHAGE** when a blood vessel bursts inside the brain

**ISCHEMIC** when a vessel supplying blood to the brain is blocked by a clot

Our very own Dr. Dar Dowlatshahi helped pioneer a technique called endovascular thrombectomy to treat ischemic stroke. A thin tube is inserted in the groin and travels through an artery until it reaches the clot in the brain. With the help of X-ray technology and a pump, the clot is sucked out, restoring blood flow. While it is still being tested and improved, a patient can go from being paralyzed and unable to speak to talking and walking within 20 minutes of the procedure.

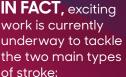
According to Dr. Robert Fahed, one of only four interventional neurologists in Canada, who also happens to perform thrombectomies, this procedure has incredible potential. "We are now able to pull the clot out completely on the first try in the vast majority of patients. If the results continue this way, it's going to be a huge revolution in this field."

Dr. Dowlatshahi is also leading the way with an exciting new international clinical trial called FASTEST, aimed at helping patients with the deadliest and least treatable form of stroke: intracerebral hemorrhage. The trial is exploring a medication that makes the blood start to clot to stop the bleeding. "Here's the first time that we have a chance of truly stopping the bleeding and minimizing damage to the brain," he says.

Our hospital treated the trial's first two patients in the world, and they both did "spectacularly," says Dr. Dowlatshahi. "If these early indications of success continue, this treatment could be the long-awaited breakthrough for patients with brain bleeds. We think that what we're looking at here could be a game-changer."









READ DR. FAHED'S **Q&A ONLINE** 

# **MONTHLY DONOR SPOTLIGHT**



In 2021, Robert Nsengiyumva was shocked to learn he had stage 4 stomach cancer. He began chemotherapy and underwent stomach surgery in January 2022, followed by more treatments. Despite the odds, he began to improve. Today, Robert is showing no signs of cancer. He's back to work and so grateful for the lifesaving care he received that he's giving back – each month!

#### What inspired you to give?

My father was diagnosed with liver cancer and died just after I finished high school. I was the eldest sibling in the family, so I had to take on the role of their father. Even before I was diagnosed with cancer, I had the idea of giving back to help people who have been diagnosed with cancer.

#### Why do you choose to give monthly?

My gift is my way to thank the staff, including the doctors and nurses at The Ottawa Hospital Cancer Centre, who treated me during my illness. I don't know how to thank them, so I decided to send my donation every month. Thank you, Robert!



# PLANNED GIVING

ESTATE GIFT UNEXPECTEDLY CONNECTS TWO FAMILIES

Holly Wagg was 10,000 kilometres from home in Patagonia, Chile when she met Lynne Strickland. As it turned out, both lived in Ottawa and their lives were unexpectedly intertwined – each had a loved one who faced leukemia and a deep connection to CAR T-cell therapy.

In 2016, Holly's spouse, Julia, was diagnosed with an aggressive leukemia. Despite many rounds of chemotherapy and a stem cell transplant, she died in 2017. In her estate plans, Julia left a gift to support cancer research after being inspired by a "spitfire" young researcher, Dr. Natasha Kekre.

Then, in 2019, a made-in-Canada CAR T-cell therapy clinical trial opened at our hospital, led by Dr. Kekre. This was the kind of research Julia wanted to elevate to help future patients. Patients like Lynne's daughter, Nicole.

Nicole was only 19 and in military college when she was diagnosed with leukemia in 2019. After multiple treatments were unsuccessful, she qualified for CAR T-cell therapy, which saved her life. She's now continuing her military career in Halifax and feeling stronger each day.

For Holly, Nicole's recovery is a beautiful reminder that Julia's legacy lives on. "When you think about the legacy you leave and how you shape the world, how much more powerful can it be knowing in some way you've given another person an extra shot at life?"







66 I was so fortunate to be accepted into a clinical trial during my breast cancer treatment. When my care team said they had something brand new I could try that might make me better and live longer, I jumped at the chance. I'm grateful to those who supported the hospital and gave me another option to extend my life."

ALISON HUGHES, breast cancer patient



**CreatingTomorrow.ca**